

School:	Date:	Created by:
---------	-------	-------------

Implementation Plan for Grades 5-8

Standard 1: Self-awareness and Self-management

The self-awareness and self-management standard promotes the development of self-esteem and identification of emotions leading to student self-efficacy to express themselves in constructive ways. These skills enable students to control impulses, manage stress and motivate themselves to establish, monitor and achieve academic and personal goals.

Example Behaviors that Document Mastery of Self-awareness and Self-management

<p>Individual Behavior:</p> <ul style="list-style-type: none"> • Participate politely in classroom discussions • Initiate positive habits that contribute to school readiness • Take responsibility for completing homework • Appropriately cope with stressful situations • Use technology when it is contextually appropriate without interruption or offense to others 	<p>Individual Behavior:</p> <ul style="list-style-type: none"> • Participate politely in classroom discussions • Initiate positive habits that contribute to school readiness • Take responsibility for completing homework • Appropriately cope with stressful situations • Use technology when it is contextually appropriate without interruption or offense to others 	<p>Individual Behavior:</p> <ul style="list-style-type: none"> • Participate politely in classroom discussions • Initiate positive habits that contribute to school readiness • Take responsibility for completing homework • Appropriately cope with stressful situations • Use technology when it is contextually appropriate without interruption or offense to others
---	---	---

Obj. 5—8.1.01 Analyze factors that create stress or motivate successful performance.

Ideas for Promoting and Supporting this Objective

Opportunities to Teach	Opportunities to Practice	Evaluation
Health: 6 7 8 Phys Ed: 5 6 8 Soc Studies: 8 Guidance: 5 6 7 8 Advisor: 5 6 7 8 LS&TT: 5 6 7 8	Classrooms (all): Hallways: Lunchrooms: Gym: Assemblies: Games/Events: All of the above:	Student self-assessment: Assessed by the teacher who provided “Opportunity to Learn”: Assessed by all of the student’s teachers: Assessed by analysis of data:

Obj. 5—8.1.02 Apply strategies to manage stress and to motivate successful performance.

Ideas for Promoting and Supporting this Objective

Opportunities to Teach	Opportunities to Practice	Evaluation
Health: 5 6 7 8 Phys Ed: 5 6 7 8 Soc Studies: Guidance: 5 6 7 8 Advisor: 5 6 7 8 LS&TT: 5 6 7 8	Classrooms (all): Hallways: Lunchrooms: Gym: Assemblies: Games/Events: All of the above:	Student self-assessment: Assessed by the teacher who provided "Opportunity to Learn": Assessed by all of the student's teachers: Assessed by analysis of data:

Obj. 5—8.1.03 Analyze how personal qualities influence choices and successes.

Ideas for Promoting and Supporting this Objective

Opportunities to Teach	Opportunities to Practice	Evaluation
Health: 6 7 8 Phys Ed: 7 8 Soc Studies: 8 Guidance: 5 6 7 8 Advisor: 5 6 7 8 LS&TT: 5 6 7 8	Classrooms (all): Hallways: Lunchrooms: Gym: Assemblies: Games/Events: All of the above:	Student self-assessment: Assessed by the teacher who provided “Opportunity to Learn”: Assessed by all of the student’s teachers: Assessed by analysis of data:

Obj. 5—8.1.04 Set a short-term goal and make a plan for achieving it.

Ideas for Promoting and Supporting this Objective

Opportunities to Teach	Opportunities to Practice	Evaluation
Health: 5 6 7 8 Phys Ed: 5 6 7 8 Soc Studies: 8 Guidance: 5 6 7 8 Advisor: 5 6 7 8 LS&TT: 5 6 7 8	Classrooms (all): Hallways: Lunchrooms: Gym: Assemblies: Games/Events: All of the above:	Student self-assessment: Assessed by the teacher who provided "Opportunity to Learn": Assessed by all of the student's teachers: Assessed by analysis of data:

Obj. 5—8.1.05 Analyze why one achieved or did not achieve a goal.

Ideas for Promoting and Supporting this Objective

Opportunities to Teach	Opportunities to Practice	Evaluation
Health: 5 6 7 8 Phys Ed: 5 6 7 8 Soc Studies: Guidance: 5 6 7 8 Advisor: 5 6 7 8 LS&TT: 5 6 7 8	Classrooms (all): Hallways: Lunchrooms: Gym: Assemblies: Games/Events: All of the above:	Student self-assessment: Assessed by the teacher who provided "Opportunity to Learn": Assessed by all of the student's teachers: Assessed by analysis of data: