

School:	Date:	Created by:
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## Implementation Plan for Grades 9-12

### Standard 1: Self-awareness and Self-management

The self-awareness and self-management standard promotes the development of self-esteem and identification of emotions leading to student self-efficacy to express themselves in constructive ways. These skills enable students to control impulses, manage stress and motivate themselves to establish, monitor and achieve academic and personal goals.

#### Example Behaviors that Document Mastery of Self-awareness and Self-management

<b>Individual Behavior:</b> <ul style="list-style-type: none"> <li>• Use class time productively</li> <li>• Balance school and other activities to meet obligations</li> <li>• Develop academic and personal goals</li> <li>• Control emotions</li> <li>• Identify and manage resources</li> <li>• Practice and model internet etiquette</li> </ul>	<b>Initiative Interaction:</b> <ul style="list-style-type: none"> <li>• Express feelings appropriately</li> <li>• Give compliments</li> <li>• Express dissatisfaction appropriately</li> <li>• Respect the space of others</li> <li>• Stand up for a friend</li> <li>• Initiate post- secondary planning</li> <li>• Utilize technology skills to advance attainment of personal and academic goals</li> </ul>	<b>Responsive Interaction:</b> <ul style="list-style-type: none"> <li>• Recognize feelings of others and respond appropriately</li> <li>• Deal with disappointment in a manner that does no harm</li> <li>• Respond to complaints</li> <li>• Use constructive criticism to make improvements</li> <li>• Complete post- secondary applications</li> </ul>	<b>Work Skills Interactions:</b> <ul style="list-style-type: none"> <li>• Maintain focus on work tasks</li> <li>• Ask for feedback and respond appropriately</li> <li>• Use negotiation skills</li> <li>• Interact appropriately with team members</li> <li>• Act as a responsible and respected representative of the school</li> <li>• Encourage positive habits in self and others</li> </ul>
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**Obj. 9-12.1.01 Predict others' feelings and perspectives in a variety of situations.**

Ideas for Promoting and Supporting this Objective

Opportunities to Teach	Opportunities to Practice	Evaluation
Health: 9 10 Phys Ed: 9 10 Soc Studies: 11 Guidance: 9 10 11 12 Advisor: 9 10 11 12 LS&TT: 9 10 11 12	Classrooms (all): Hallways: Lunchrooms: Gym: Assemblies: Games/Events: All of the above:	Student self-assessment:  Assessed by the teacher who provided "Opportunity to Learn":  Assessed by all of the student's teachers:  Assessed by analysis of data:

**Obj. 9-12.1.02 Evaluate how expressing one's emotions in different situation affects others.**

Ideas for Promoting and Supporting this Objective

Opportunities to Teach	Opportunities to Practice	Evaluation
Health: 9 10 Phys Ed: 9 10 Soc Studies: 10 Guidance: 9 10 11 12 Advisor: 9 10 11 12 LS&TT: 9 10 11 12	Classrooms (all): Hallways: Lunchrooms: Gym: Assemblies: Games/Events: All of the above:	Student self-assessment:  Assessed by the teacher who provided "Opportunity to Learn":  Assessed by all of the student's teachers:  Assessed by analysis of data:

**Obj. 9-12.1.03 Generate ways to develop more positive attitudes and evaluate how expressing positive attitudes influences others.**

Ideas for Promoting and Supporting this Objective

Opportunities to Teach	Opportunities to Practice	Evaluation
Health: 9 10 Phys Ed: 9 10 Soc Studies: Guidance: 9 10 11 12 Advisor: 9 10 11 12 LS&TT: 9 10 11 12	Classrooms (all): Hallways: Lunchrooms: Gym: Assemblies: Games/Events: All of the above:	Student self-assessment:  Assessed by the teacher who provided "Opportunity to Learn":  Assessed by all of the student's teachers:  Assessed by analysis of data:

**Obj. 9-12.1.04 Set priorities and monitor progress for self improvement that builds on one's strengths.**

**Ideas for Promoting and Supporting this Objective**

Opportunities to Teach	Opportunities to Practice	Evaluation
Health: 9 10 Phys Ed: 9 10 Soc Studies: 12 Guidance: 9 10 11 12 Advisor: 9 10 11 12 LS&TT: 9 10 11 12	Classrooms (all): Hallways: Lunchrooms: Gym: Assemblies: Games/Events: All of the above:	Student self-assessment:  Assessed by the teacher who provided "Opportunity to Learn":  Assessed by all of the student's teachers:  Assessed by analysis of data:

**Obj. 9-12.1.05 Analyze how positive adult role models and support systems contribute to school and life success.**

Ideas for Promoting and Supporting this Objective

Opportunities to Teach	Opportunities to Practice	Evaluation
Health: 9 10 Phys Ed: Soc Studies: Guidance: 9 10 11 12 Advisor: 9 10 11 12 LS&TT:	Classrooms (all): Hallways: Lunchrooms: Gym: Assemblies: Games/Events: All of the above:	Student self-assessment:  Assessed by the teacher who provided "Opportunity to Learn":  Assessed by all of the student's teachers:  Assessed by analysis of data:

**Obj. 9-12.1.06 Evaluate how one’s interests, roles and responsibilities contribute to school and life success.**

Ideas for Promoting and Supporting this Objective

Opportunities to Teach	Opportunities to Practice	Evaluation
Health: 9 10 Phys Ed: Soc Studies: 9 Guidance: 9 10 11 12 Advisor: 9 10 11 12 LS&TT: 9 10 11 12	Classrooms (all): Hallways: Lunchrooms: Gym: Assemblies: Games/Events: All of the above:	Student self-assessment:  Assessed by the teacher who provided “Opportunity to Learn”:  Assessed by all of the student’s teachers:  Assessed by analysis of data:

**Obj. 9-12.1.07 Identify and make use of resources to overcome obstacles and achieve goals.**

Ideas for Promoting and Supporting this Objective

Opportunities to Teach	Opportunities to Practice	Evaluation
Health: 9 10 Phys Ed: Soc Studies: 9 Guidance: 9 10 11 12 Advisor: 9 10 11 12 LS&TT: 9 10 11 12	Classrooms (all): Hallways: Lunchrooms: Gym: Assemblies: Games/Events: All of the above:	Student self-assessment:  Assessed by the teacher who provided "Opportunity to Learn":  Assessed by all of the student's teachers:  Assessed by analysis of data:

**Obj. 9-12.1.08 Set post-secondary goals with action steps, timeframes and criteria for evaluating achievement.**

Ideas for Promoting and Supporting this Objective

Opportunities to Teach	Opportunities to Practice	Evaluation
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